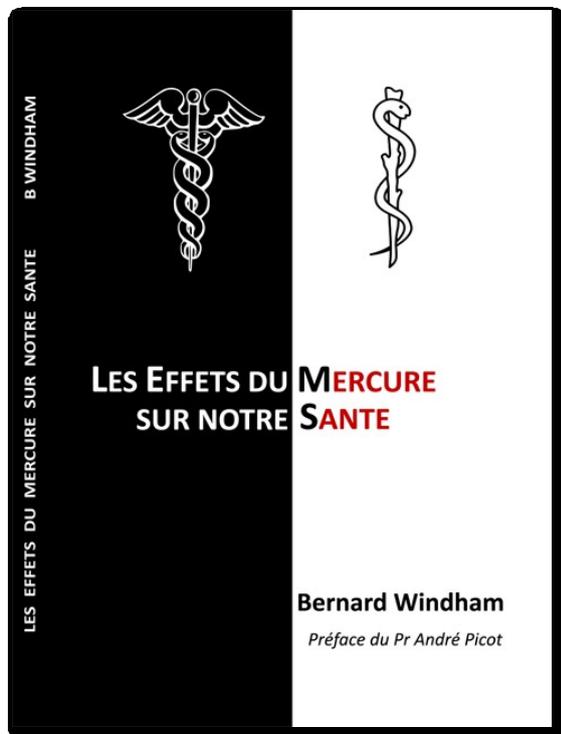


THE EFFECTS OF MERCURY ON OUR HEALTH

Summary



The public appears to be generally unaware that considerable scientific evidence supports that mercury is the metal causing the most widespread adverse health effects to the public, and that amalgam fillings have been well documented to be the number one source of exposure of mercury to most people.

The first signs of mercury chronic toxicity are mostly nonspecific and difficult to diagnose: fatigue, dizziness, depression, irritability, anxiety, insomnia, emotional instability, headaches... Bernard Windham gathered more than 800 scientific studies on the effects of mercury on human's health, part of them discussing the possible links with pathologies like multiple sclerosis, Alzheimer disease, Parkinson disease, fibromyalgia... and syndromes like autism and hyperactivity.

Bernard Windham is an American engineer with an academic, research, and work background in reliability engineering, chemistry, statistics and biostatistics, applied mathematics, and demography. He has been a university professor and researcher for governmental agencies, and has served on many federal and state scientific advisory panels as well as founding many programs and serving on local advisory panels. He has been listed in Marquis Who's Who in America. He is currently President and Research Director for DAMS International, a patient support organization dealing with chronic health problems related to toxic exposures. The DAMS website is www.dams.cc

Preface from **Pr André Picot**, Toxicologist. Honorary French Expert for the European Union on toxic chemicals in work areas (SCOEL, Luxembourg).

Livre

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